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**Sleep Apnea Surgery:
23 Years of Collaboration
Between Drs. Christian
Guilleminault and
Kasey Li**





6th World Congress in Sleep Medicine, Seoul, Korea, 2015.

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Foreword

I met Dr. Christian Guilleminault in 1997 when I was starting my career as a young surgeon.

Over the years, our relationship evolved from a mentorship to a partnership and, ultimately, a friendship.

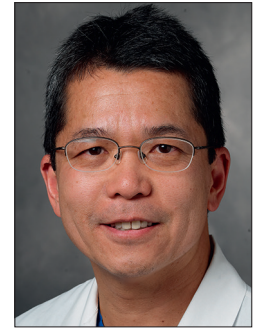
Few people are aware of how tirelessly he worked and the sacrifices he had made to advance Sleep Medicine to what it is today.

An example of his dedication was made clear on a flight home after giving a lecture in China. It was in the middle of the night and the entire plane was dark, quiet and passengers were sleeping. I woke up and headed to the back of the plane to use the washroom. I noticed a lone seat with its overhead light turned on. As I got closer, I saw Christian hovering over a thick stack of manuscripts. Unfortunately, and fortunately for me, he looked up and excitedly asked me to review one of the manuscripts and give him feedback before we landed. Needless to say, I was up for the duration of the flight. You just can't say no to Christian.

The life of a trailblazer is a lonely one. Christian was openly mocked because mere mortals could not understand or accept his pioneering work, and his description of the upper airway resistance syndrome (UARS) was the most controversial. Despite this, Christian never veered off his course, and although it took years, it is safe to say that respiratory effort related arousal (RERA) and UARS are well-recognized entities in sleep. Christian wasn't always right, but he was rarely wrong.

Dr. Christian Guilleminault had a huge impact in my professional life. There is no doubt that his friendship and mentorship made a positive difference in my career. It is a great honor to be invited and to contribute to the Orthodontie Française.

The following papers represent what I have learned, observed and developed in the past 25 years. I hope they will be beneficial to the readers.



Kasey Li